



UNDERSTANDING

YOUR CHILDS'

CURL PATTERNS

PLUS EXPERT TIPS



Signature
By Dionne Smith

Meet Hair Expert

Dionne Smith

Dionne Smith is an award-winning, international hairstylist who specialises in afro, curly and textured hair types.

Top stylist to the stars, including Venus Williams, Regina King & Amber Rose Gill, Dionne's work has been featured by leading publications such as Elle, Blackhair and Harper's Bazaar.

She's passionate about helping curly girls everywhere love their hair & her new course on Caring for Kids Textured Hair is available now.

KIDS HAIRCARE COURSE



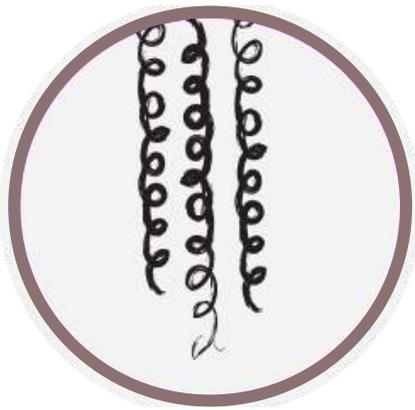
Kinks and Coils

Type 4 Hair

Many people don't know that coily hair is the most delicate and should be treated with care. This type of hair can appear resilient but it actually lacks cuticle layers so it's more sensitive to dryness, tangling, and shrinking than other textured types.



Type 4A



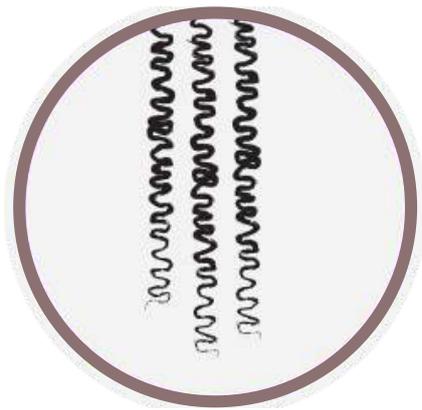
My hair is tight curly spirals and grows upwards and out.

- Your hair is dense.
- You have springy coils that are either wiry or fine, and have the circumference of a crochet needle.
- Your hair is tightly coiled, with a visible S pattern.



After washing your hair, it's important to moisturise with thicker natural emollients like mango and shea butter. Use these on wash-and-go styles for healthy moisture or twist out hairstyles for a fresh look that lasts all week long!

Type 4B



My hair is tight curly spirals and grows upwards and out.



Instead of curling or coiling, your hair bends in sharp angles like the letter Z.



Your curls are less defined with strands that range from fine and thin to wiry and coarse.



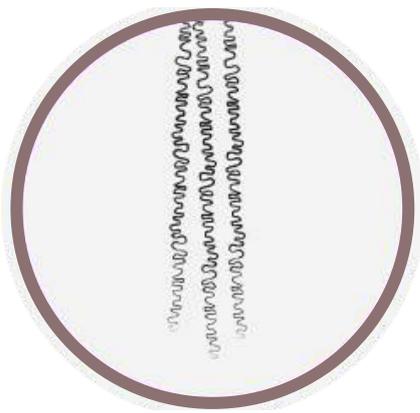
Your hair takes longer to style.



You can make your hair shiny and healthy by pre-pooing with coconut oil or castor oil. These oils help to retain natural scalp oils that are lost during shampooing, making them the perfect supplements.



Type 4C



My hair is tight curly spirals and grows upwards and out.

- ☑ Your texture--ranges from super fine and thin to wiry with some coarse strands.
- ☑ Your hair doesn't experience as much definition or shrinkage.
- ☑ Your hair will be very delicate because of its tightly coiled strand.



When it's time to moisturize, use a creamy humectant as your leave-in because it will maximize protection from the elements.

Curly Hair

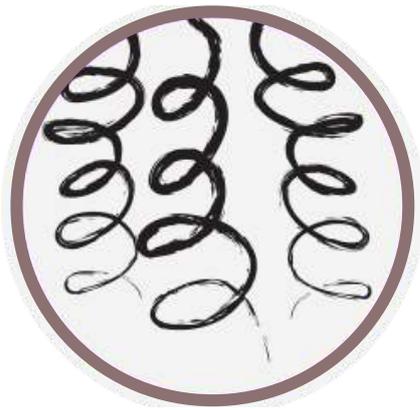
Type 3 Hair

Type 3 curly hair is a combination of textures, ranging from light curls to tight tendrils. You can usually find Type 3s sporting an interesting mix of shapes and sizes at the root that are more defined than those with type 2 curl patterns."





Type 3A



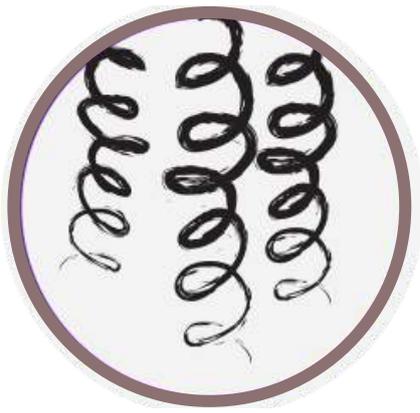
My hair is wavy and lays flatter.

- You have big, loose curls and spirals.
- Your curls tend to be shiny.
- Your curls are in the shape of a well-defined S-shape.



Twirl small sections of curls around your finger while hair is still damp to encourage definition. This technique will give you a lot more volume and texture in the end!

Type 3B



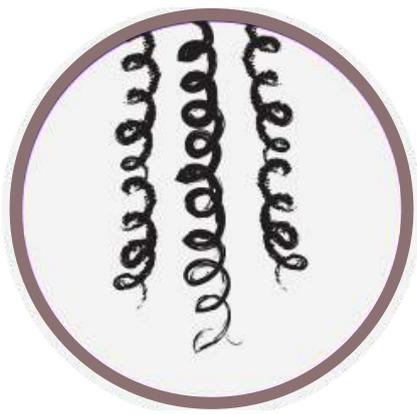
Your springy curls can vary from ringlets to corkscrews.

- Your hair tends to be coarse and dense.
- Your curls can vary from ringlets to corkscrews.
- Your curls are springy.



For more defined curls, use an anti-humectant styling cream or milk. Humidity makes hair frizzy; using a good quality product will keep your locks looking fresh all day long!

Type 3C



TBC

- ✓ Your hair is often referred to as *curly-coily*.
- ✓ Your curls can vary from ringlets to corkscrews.
- ✓ Your hair tends to experience the most volume, but also the most shrinkage of curls.



A good way to enhance your natural curls without heat is by gently stretching them. You can do this with a twist-out, bantu knots, flexi rods or perm rod set, and so on!

Wavy Hair

Type 2 Hair

Type 2 haired individuals typically have thick locks that are slightly wavy or prone to frizziness when dry - these strands require more moisture than those of other textures for styling because they form their curl pattern before drying out "from ears down." These curls need much less manipulation from fingers after being washed due to its tightness at roots



Type 2A



My hair is wavy and lays flatter.

- ✓ Your waves are fine and thin with a loose, tousled texture.
- ✓ Your hair has lack of volume and definition.
- ✓ Your hair is flatter at the root and lays close to the head.



Your lack of volume and definition can be frustrating, but there are some simple fixes! Try using lighter products like mousses or gels. With these new formulas, you'll find that your hair will hold more shape throughout the day without weighing it down too much.



Type 2B



Your springy curls can vary from ringlets to corkscrews.

- Your hair is mostly straight at the roots.
- Your curls are a more defined S-shaped wave from the mid-lengths to the ends.
- Your hair is a medium texture with some frizz at the crown.



Plop your freshly washed hair to get fuller, more defined curls.

Type 2C



TBC

- ✓ Your waves are more defined and start at the roots than with curls and ringlets.
- ✓ Your hair is typically thick or coarse.
- ✓ Your hair is prone to frizzing.



Diffuse wet, but not soaking hair upside down after washing for more volume. It's a quick and easy way to dry your locks without having them wrap around one another when they're damp!



Understand

why your hair is curly!

Each hair grows from a follicle out of my scalp

It comes in a range of different curl patterns-wavy, curly & tight curly

The follicle is a curved shape and this is why my hair grows out from my scalp- wavy, spiral or curly.

The less curved the follicle the wavier the hair

My hair grows upwards and outwards or can be wavier and flatter

My hair grows up and out to protect my scalp in hot weather from the UV rays of the sun

Afro- curly textured hair comes in many different colours; Melanin found in the cortex of my hair is responsible for my hair colour

Signature
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My Fave Pic

Of Me + My Curls

Start by selecting which hair type you think you have!



MY HAIR COLOUR IS:

MY HAIR TYPE IS:
